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## DANGER ASSESSMENT

Jacquelyn C. Campbell, Ph.D., R.N. Copyright, 2003; [www.dangerassessment.com](http://www.dangerassessment.com)

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Fill in the calendar below for past 12 months – be sure to record the month and year, as well as filling in the dates. Start with the current month and work backwards. Using the calendar, please mark the approximate dates during the past year when you were abused by your partner or ex-partner. Write on that date how bad the incident was according to the following scale:

1. Slapping, pushing; no injuries and/or lasting pain
2. Punching, kicking; bruises, cuts, and/or continuing pain
3. "Beating up"; severe contusions, burns, broken bones
4. Threat to use weapon; head injury, internal injury, permanent injury, choking\*or miscarriage
5. Use of weapon; wounds from weapon

\*If you were choked to unconsciousness (dizzy/felt like you started to black out), also use this symbol: “©” in addition to writing 4. (Example: 4©)

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